

# CANNABIS WITHDRAWAL SCALE (CWS)

Family Name:
Given Name:
Address:
DOB:

This version of the CWS asks about symptoms experienced over the last 24 hours, and can be administered by an interviewer OR by self report. The following statements describe how you have felt over the last 24 hours. Please circle the number that most closely represents your personal experiences for each statement. For each statement, please rate its negative impact on normal daily activities on the same scale (0=Not at all to 10=Extremely), writing the number in the right hand column.

		Withdrawal Intensity												Negative impact on daily activity (0-10)
		Not at all			Moderately						Extremely			
1	The only thing I could think about was smoking some cannabis	0	1	2	3	4	5	6	7	8	9	10		
2	I had a headache	0	1	2	3	4	5	6	7	8	9	10		
3	I had no appetite	0	1	2	3	4	5	6	7	8	9	10		
4	I felt nauseous (like vomiting)	0	1	2	3	4	5	6	7	8	9	10		
5	I felt nervous	0	1	2	3	4	5	6	7	8	9	10		
6	I had some angry outbursts	0	1	2	3	4	5	6	7	8	9	10		
7	I had mood swings	0	1	2	3	4	5	6	7	8	9	10		
8	I felt depressed	0	1	2	3	4	5	6	7	8	9	10		
9	I was easily irritated	0	1	2	3	4	5	6	7	8	9	10		
10	I had been imagining being stoned	0	1	2	3	4	5	6	7	8	9	10		
11	I felt restless	0	1	2	3	4	5	6	7	8	9	10		
12	I woke up early	0	1	2	3	4	5	6	7	8	9	10		
13	I had a stomach ache	0	1	2	3	4	5	6	7	8	9	10		
14	I had nightmares and / or strange dreams	0	1	2	3	4	5	6	7	8	9	10		
15	Life seemed like an uphill struggle	0	1	2	3	4	5	6	7	8	9	10		
16	I woke up sweating at night	0	1	2	3	4	5	6	7	8	9	10		
17	I had trouble getting to sleep at night	0	1	2	3	4	5	6	7	8	9	10		
18	I felt physically tense	0	1	2	3	4	5	6	7	8	9	10		
19	I had hot flushes	0	1	2	3	4	5	6	7	8	9	10		
<b>Scores</b>		<b>Total withdrawal intensity</b>											<b>Total</b>	
Score by summing each items value to a maximum withdrawal score of 190 (you can derive two scores from the scale: one for withdrawal intensity and one for the negative impact of withdrawal – each separate score has a theoretical maximum of 190).														

Source: Allsop DJ, Norberg MM, Copeland J, Fu S, Budney AJ. The Cannabis Withdrawal Scale development: patterns and predictors of cannabis withdrawal and distress. Drug Alcohol Dependence. 2011;119(1-2):123-9. doi: 10.1016/j.drugalcdep.2011.06.003 (Reprinted with permission from Elsevier, Licence number 2872801116106).