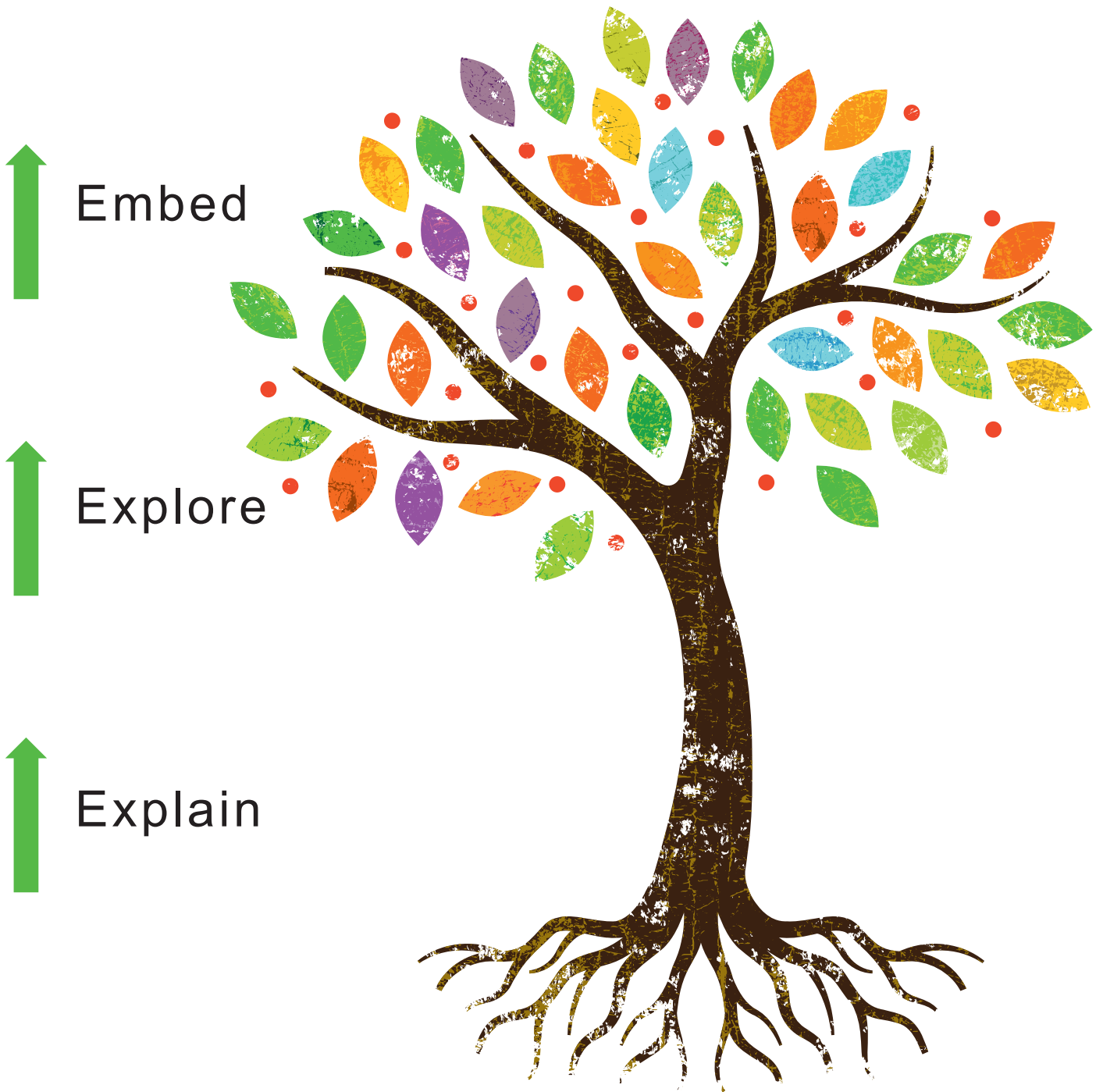


# TREEE

(Michelle Taylor 2017)



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(Michelle Taylor 2017)

# Checklist

Sensory Approaches for  
AOD Practice for Workers

What would your client like to improve?



Self as sensory input



Environments



Substances of choice & function



Sensory preferences



Safety tool



Calming / alerting & altering



AOD specific applications

- Pre-contemplation / contemplation
- Cutting down / withdrawal
- Managing difficult feelings ... emotions, cravings, pain
- Pleasure & strengths
- Trauma
- Sleep
- Occupational performance
- Relationships
- Preparation for or alongside other interventions
- Maintenance & lapses
- Harm reduction