

Alcohol and Drug Training and Resources	
Insight – Centre for AOD Training and Workforce Development	Queensland Health – large range of workshops, eLearning modules webinars tools and resources to support AOD workers in Queensland.
Alcohol and Other Drug Induction Modules	A series of eLearning modules providing foundational skill training and practice information related to working in the AOD sector in Queensland.
Dovetail	Queensland Health – Dovetail provides clinical advice and professional support to workers, services and communities who engage with young people regarding AOD use.
An Introduction to Youth Alcohol and Other Drugs	This short package created by Dovetail is designed to give workers, services and communities who engage with young people an overview of the Youth Alcohol and Other Drug (AOD) field.
Police Court Diversion Program Psychometric Screening Tools	
Alcohol Use Disorders Identification Test (AUDIT)	10 item questionnaire developed by the World Health Organization – indicates hazardous or harmful alcohol use in the last year.
Kessler Psychological Distress Scale – 10 (K10)	The K10 is a brief screen to identify levels of psychological distress. It involves 10 questions about emotional states each with a five-level response scale.
Depression, Anxiety and Stress Scale – 21 (DASS-21)	DASS-21 is a set of three self-report scales designed to measure the emotional states of depression, anxiety and stress.
Cultural Resources	
Alcohol and other drugs treatment guidelines for working with Aboriginal and Torres Strait Islander people – in a non-Aboriginal setting	NADA guidelines have been developed to support non-Aboriginal service providers in the AOD sector working with Aboriginal and Torres Strait Islander people.
Handbook for Aboriginal Alcohol and Drug Work	University of Sydney - The Handbook for Aboriginal Alcohol and Drug Work is a practical guide to culturally appropriate AOD practice in Australia. Published by the University of Sydney.
Ethnic Communities Council of Queensland	Information on how to support clients from diverse cultural backgrounds.
Alcohol and Drug Brief Intervention Tools, Guides and Worksheets	
4 Column Diagram and Coast Benefit Analysis Worksheet	A worksheet that can be printed and used to undertake a 4-column diagram change-talk process with a client.
Stay on Course – Relapse Prevention Tool	A relapse prevention tool designed to assist health practitioners structure a 10 - 15 minute brief relapse prevention discussion.
A brief cognitive-behavioural intervention for regular amphetamine users	A treatment guide from the University of Newcastle for working with regular amphetamine users.
Management of cannabis use disorder and related issues – A clinicians guide (NCPIC)	This resource aims to provide facts, figures, and useful techniques to assist clinicians in providing evidence-based treatments for cannabis users wishing to change the patterns of their use. The manual also provides a number of worksheets to use with cannabis clients.
Mental Health and Alcohol and Other Drugs	
NDARC Mental Health and Substance Use series	A series of five resources developed by the National Drug and Alcohol Research Centre (NDARC) for those living with both substance use and mental health. The five booklets include – <i>Anxiety and Substance Use</i> ; <i>Mood and Substance Use</i> ; <i>Personality and Substance Use</i> ; <i>Psychosis and Substance Use</i> and <i>Trauma and Substance Use</i> .
Video Resources	
Clearing the Smoke – NCPIC	NCPIC video on a range of cannabis related topics.
The Low Down on Alcohol - headspace	Information on Alcohol from headspace.
Under Construction: Alcohol and the Teenage Years – Turning Point	A short animation which shows the effects of alcohol use and risky drinking on the different areas of the developing brain and the impact on behaviour.
Alcohol and Your Brain video – Tune in Not Out	A 3D representation on the effect alcohol has on your body and brain. Find out more about the metabolism of alcohol and what is Blood Alcohol Concentration.
Stages of Change	Explains the Stages of Change model = a useful guide for understanding the process of change, Understanding a person's stage of change can help tailor and match interventions that are person-centred and meaningful.