

Comprehensive Care Webinar Series

Webinar #5: Care Planning Resources

Note: resources online are hyperlinked, some open only when using a Qld Health computer

Resource

[Comprehensive Care – Resources](#)

The Comprehensive Care Resource Package contains a range of instructional documents, factsheets and examples of the use of high quality and safe clinical documentation, to support all Mental Health Alcohol and Other Drugs staff in the effective use of the Comprehensive Care Documents

[Comprehensive Care Resource Guide: Care Planning 2020](#)

<https://qhps.health.qld.gov.au/mentalhealth/resources/clinicaldocs>

A part of the Comprehensive Care Resource Guide series, this guide provides recommendations and examples of evidence-based and evidence-informed approaches to care planning.

[Video: Care Planning \(Sandra\) Demonstration](#)

<https://insight.qld.edu.au/toolkits/comprehensive-care/detail>

Continuing the 'Sandra' care scenario, this video provides a demonstration of a care planning conversation with a consumer [8:59mins].

[Video: Tips and Tricks – CIMHA 5.0](#)

<https://insight.qld.edu.au/toolkits/comprehensive-care/detail>

This video is a follow-up to the CIMHA 5.0 training modules. It demonstrates using CIMHA functionality to pull information from the Comprehensive Care Documents and other parts of CIMHA to help clinicians save time. The video is divided into four sections with start times listed: Care Plan (Start: 00:00) Longitudinal Summary (Start 08:37) Care Review (Start 12:37) Focussed Assessment (Start: 15:24) Presented by Jason Monk, Clinical Improvement Team, Mental Health Alcohol and Other Drugs Branch.

[QC55 Formulation and Care Planning eLearning](#)

www.qcmhl.qld.edu.au

This QCMHL eLearning course provides a comprehensive and interactive overview of the founding principles of formulation and intervention planning. In the Care Planning section, the process of utilising a person's individual recovery goals within a shared formulation, to co-create clinical goals and intervention strategies, is explained and examples provided. Foundational principles of intervention planning (e.g. SMARTER strategies) are also described and applied.

[Mental Health Occupational Therapy Clinical Practice Collaborative:](#)

<https://healthqld.sharepoint.com/teams/GCHHS-MHOTCPC/SitePages/Homepage.aspx>

1. [Occupational Therapy Care Planning Tool](#): *A Guide for Occupational Therapists working in Queensland Health Adult Mental Health, Alcohol and Other Drugs Services to support occupation-based care planning with consumers.*

The tool enables occupational therapists to maintain an occupational lens during the care planning process with consumers, their families, carers and other support networks, and will enhance the quality of contemporary occupational therapy practice across Queensland Health Adult Mental Health Services. The Care Planning Prompt Tool is accompanied by a **Resources and Services Guide** template which each Hospital and Health Service (HHS) is encouraged to adapt by including relevant local resources.

2. [Occupational Therapy POS Guide](#): *A Guide for Occupational Therapists working in Mental Health, Alcohol and other Drug Services to use with the Consumer Integrated Mental Health Application*

The tool assists occupational therapists to record provisions of service consistently and accurately within CIMHA. Accurate representation of this data will support occupational therapists to demonstrate full scope of practice within in their practice settings and assist with consolidation and implementing contemporary evidence based occupational therapy practice.

[Prepare to Care!](#)

Posters and wallet cards developed by Wide Bay HHS as part of a campaign with consumers, carers and families promoting participation in writing and reviewing care plans.

What is My Recovery Plan? (Brochure)

A brief 'how to' guide from the team at Metro South Addiction and Mental Health Service designed to help consumers plan and achieve their recovery and wellness goals.

My Tool Box

A worksheet to support consumers generate ideas for the activities, interests, skills and resources that support their mental health and wellbeing. This resource was developed by the team at Metro South HHS.

National Institute for Health and Care Excellence: NICE Pathways

An interactive tool for guidance and advice for health care social care for a wide range of conditions.

Case Management Body of Knowledge

The Commission for Case Manager Certificate has developed a case management knowledge framework and a range of online resources for case managers and other healthcare professionals. It outlines the knowledge, skills, abilities and competencies that are factors in the provision of safe and quality healthcare.

Comprehensive Care Toolkit and Resource Pages

Resources to support the Comprehensive Care: Partnerships in Care and Communication Project, including webinar recordings, videos and other information. For Mental Health, Alcohol and Other Drugs Clinicians.

Insight: Comprehensive Care Toolkit <https://insight.qld.edu.au/toolkits/comprehensive-care/detail>

The Learning Centre: [REO8 Comprehensive Care Resource Package](#) (register or log in to access the direct link to the package) www.qcmhl.qld.edu.au