# Comprehensive Care Webinar Series Webinar #7: Physical Health Screen Resource List

Note: Resources online are hyperlinked – press CTRL + link to open Some resources will only open when using a Qld Health system

#### Resources

# **Comprehensive Care: Partnerships in Care and Communication**

The Comprehensive Care – Partnerships in Communication and Care page is a revision to the previous Mental Health Alcohol and Other Drugs (MHAOD) Clinical Documentation Intranet page which contains all the resources and tools developed under the umbrella of the Comprehensive Care Project.

### <u>Comprehensive Care – Resource Package</u>

The Comprehensive Care Resource Package contains a range of instructional documents, factsheets and examples of the use of high quality and safe clinical documentation, to support all MHAOD staff in the effective use of the Comprehensive Care Documents.

# **Physical Health Forms Factsheet**

Provides a brief overview of how and when to use the Physical Health Screen, Focused Physical Assessment, and Physical Assessment forms.

#### **Mental Health Clinical Collaborative (MHCC)**

The MHCC brings together clinicians from across the state to understand and improve clinical practice in topics identified by members. The current focus is on physical health and smoking cessation. The website includes a range of resources and educational videos to assist clinicians.

# Addiction and Mental Health Services Therapy Capability Framework | Metro South Health

Physical Health Care (PHC) involves supporting consumers to improve physical health and prevent physical diseases, thereby improving mental health and supporting individuals' recovery journey. This Framework outlines a pathway for staff to improve clinical capability in addressing the physical health needs of consumers.

# Addiction and Mental Health Services Brief Intervention Guide | Metro South Health

Use this guide alongside the consumer Health action plan to support steps towards a healthier lifestyle.

# Equally Well www.equallywell.org.au

This website includes resources to assist staff in improving the physical health of consumers.

# **Healthy Lifestyles Toolkit** - Insight

This toolkit contains a suite of eLearning modules on brief interventions addressing smoking, alcohol and other drugs, nutrition, physical activity and oral health for both the general population and for pregnancy and early life. They are suitable for all health and community service workers.

#### **Comprehensive Care Toolkit and Resource Pages**

Resources to support the Comprehensive Care: Partnerships in Care and Communication Project, including webinar recordings, videos and other information for MHAOD Clinicians:

Insight: Comprehensive Care Toolkit https://insight.qld.edu.au/toolkits/comprehensive-care/detail

The Learning Centre: REO8 Comprehensive Care Resource Package (register or log in to access the direct link to the package) www.qcmhl.qld.edu.au