### How do I get naloxone?

Under the national 'Take Home Naloxone' program, naloxone is available free of charge and without prescription at participating pharmacies.

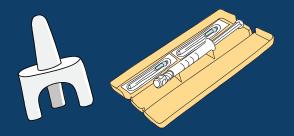
Naloxone can also be accessed (with a fee) from non-participating pharmacies.

Scan the QR code below to find out where to access naloxone.



# Are you taking opioids?

You need to know about naloxone.



This resource is an initiative of all seven PHNs across Queensland made possible with the support of the Australian Government's PHN Program. All resources have been produced in collaboration with Insight: Centre for Alcohol and Drug Training and Workforce Development, Queensland Health. 2024

While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provided herein.



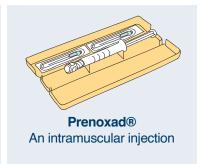


#### What is naloxone?

Naloxone is a life-saving, temporary medicine that reverses the effects of an opioid overdose.

It is easy to administer and comes in two forms.





It is important to know that even if you are taking your opioid medication as prescribed there is still a risk of overdose – such as when you start a new medication, when you are unwell, or when you drink alcohol or take other sedative type medications such as Valium®, temazepam or Xanax®.

#### Who should carry naloxone?

Anyone who is using opioids regularly (whether prescribed or not) and their family members or care givers should carry naloxone.

## When should naloxone be used?

Naloxone should be given to any person suspected of having an opioid overdose.

This may present as:



Shallow or difficulty breathing



Pinpoint pupils



Blue-ish colour to lips





# What if the person is not having an opioid overdose and I give them naloxone?

Naloxone will only work on opioids, it will not work for any other types of overdose. However, if you suspect an overdose of any kind it is still safer to give naloxone.

Naloxone will not cause any harm to a person if opioids are not present.

# Is it possible to give someone too much naloxone?

No, however the person may experience some uncomfortable feelings if they have been using opioids for a long period of time (i.e. rapid withdrawal symptoms).

## How do I administer naloxone?

Naloxone is simple to administer and is effective within minutes.

Just follow the process as instructed on the packaging and always call for an ambulance.